


Resources for IYCF Support Groups



INTRODUCTION TO THE INFANT AND YOUNG CHILD FEEDING SUPPORT GROUP MODEL

Program brief: IYCF support group model

This 4-page document answers questions on the purpose of IYCF support groups, the way they are structured, and the topics that are discussed.

 [Click here to download the brief](#)



Overview of the support group model

The overview goes into more depth in describing the barriers to good feeding practices that are addressed in the groups; the process for establishing, facilitating, and monitoring the groups; and lessons learned.

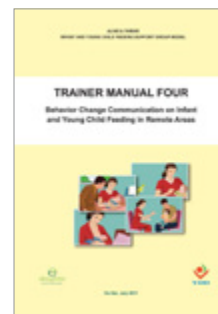
 [Click here to download the overview](#)



CAPACITY BUILDING: TRAINER MANUAL AND TRAINEE HANDBOOK

Trainer manual and trainee handbook: Behavior change communication on infant and young child feeding for support groups

The trainer manual is designed for use in training village health workers to facilitate infant and young child feeding support groups at community level. The manual includes sessions on feeding practices in Viet Nam, key messages to communicate during support groups, the organization and facilitation of support groups, and monitoring and reporting. The accompanying handbook is a reference for trainees on topics discussed in the training.



Trainer Manual
Click here to download
the training manual



Trainee Handbook
Click here to download
the guidelines

JOB AIDS

Counseling cards on infant and young child feeding

Support group facilitators can choose from a set of 21 counseling cards to spark discussion during a group meeting. The cards include a pictorial depiction of the information to be conveyed and written information for the facilitator explaining the key message. A set of 9 counseling cards is also available that is simpler and covers fewer topics.



Set of 21 cards
Click here to download
the counseling cards



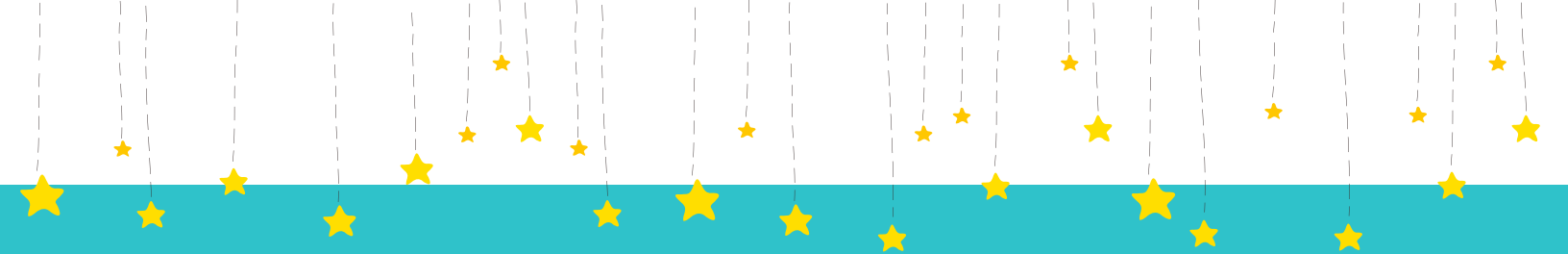
Set of 9 cards
Click here to download
the counseling cards

Guidelines for facilitating a community-based support group meeting on infant and young child feeding

The guidelines aim to support community-based workers in organizing and facilitating infant and young child feeding support group meetings in the community in an efficient, effective manner. The guidelines provide specific steps – what to do, how to do it, and which tools to use.



Click here to download the guidelines



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